

2021 Senior Resource Directory for Washtenaw County



CATHOLIC
SOCIAL
SERVICES
OF WASHTENAW COUNTY

Call Catholic Social Services of Washtenaw County (CSSW) at 734-971-9781
or visit us at getaheadwashtenaw.org for our online searchable resource directory.

1. ADULT DAY SERVICES

Huron Valley PACE..... 734-572-5777
Memory Support Center at Brecon Village 734-429-1155
Silver Club (UM Turner Resource Center)..... 734-998-9352

2. CAREGIVER SERVICES

Ahead of the Curve Caregiver Training getaheadwashtenaw.org
Caring Together/Area Agency on Aging 1-B..... 844-734-CARES
Silver Club Caregiver Programs..... 734-998-9349
Washtenaw Integrated Senior Experience (WISE) by JFS 734-769-0209

3. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B 800-852-7795
Jewish Family Services (JFS) 734-769-0209

4. HOME MAINTENANCE/REPAIR/SAFETY

CSSW Home Maintenance/Repair/Home Safety..... 734-971-9781
Habitat for Humanity Critical Repair Program..... 734-800-4220
OCED Home Weatherization Program..... 734-544-3008
State Emergency Relief Program..... 734-481-2000
WC Dept. of Health and Human Services 734-481-2000

5. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services 734-971-9781
Chelsea Behavioral Health Services..... 800-328-6261
alt. number 734-593-5251
Deaf Health Clinic/Michigan Medicine..... 734-426-2796
Thrive Counseling/Jewish Family Services (JFS) 734-769-0209
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ... 734-936-5900
WC Community Mental Health..... 734-544-3050

6. EDUCATION

American Association of Retired Persons (MI Office) ... 866-227-7448
Community Enrichment (WCC) 734-667-5060
Emeritus Scholarship Program (WCC) 734-973-3543
Elderwise..... 734-340-6091
Osher Lifelong Learning Institute (OLLI) 734-998-9351
Washtenaw Literacy 734-337-3338

7. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse)..... (toll-free) 855-444-3911
CSSW Alternatives to Domestic Aggression..... 734-971-9781
CSSW Senior Services Resource Advocacy..... 734-971-9781
SafeHouse Ctr (Domestic Violence/Sexual Assault) 734-995-5444

8. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

American Red Cross 734-971-5300
Community Resource Center (Manchester)..... 734-428-7722
Crisis, Access, Resources, Engagement and Support
(CARES) 734-544-3050
CSSW Food Pantry..... 734-662-4462
Faith in Action (Dexter & Chelsea School Districts) 734-475-3305
Friends in Deed..... 734-484-4357
House by the Side of the Road 734-769-4085
Housing Access for Washtenaw County (HAWC) 734-961-1999
JFS Food Pantry & Clothing Programs 734-769-0209
National Suicide Prevention Lifeline..... 800-273-8255
Northfield Human Services 734-449-0110
Salvation Army Family Store & Donation Ctr 734-332-3948
Salvation Army Ann Arbor 734-668-8353
Salvation Army Ypsilanti..... 734-482-4700
Shelter Association of Washtenaw County 734-961-1999
S.O.S. Community Crisis Center (food)..... 734-484-9945
State Emergency Relief Program..... 734-481-2000
U-M Psychiatric Emergency Services 24-hr Crisis Ctr ... 734-936-5900
WC Dept. of Health and Human Services 734-481-2000

9. FORECLOSURE INTERVENTION

Housing Bureau for Seniors..... 734-998-9339
MSU Extension Housing Counselors 734-222-9595
Washtenaw County Treasurer (tax foreclosure)..... 734-222-6600

10. GRANDPARENTS HELP & INFORMATION

CSSW Grandparents as Parents 734-971-9781
OCED Foster Grandparent Program..... 734-544-3040

11. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing-Impaired Services 248-473-1888
EMU Clinic 734-487-1414
Turner Senior Resource Center 734-998-9353

12. HOME HEALTH CARE

EHM Senior Solutions (Shared Services)..... 734-222-4037
Heartland Home Health Care..... 877-329-1001
St. Joseph's Mercy (Chelsea)..... 734-593-6000
(Also see listings in Yellow Pages under "Nurses" or "Home Health")

13. HOSPICE

Arbor Hospice 734-662-5999
Hospice of Michigan 888-247-5701
St. Joseph Mercy Hospice 888-559-7178

14. HOUSING INFORMATION

Ann Arbor Housing Commission..... 734-794-6720
Housing Access for Washtenaw County (HAWC) 734-961-1999
Housing Bureau for Seniors..... 734-998-9339
Ypsilanti Housing Commission 734-482-4300

Independent, Assisted Living & Alzheimer's Residences

American House..... 734-961-4780
Brecon Village..... 734-429-1155
Brookdale Ann Arbor-Assisted Living & Memory Care.. 734-327-1350
Brookdale W Eisenhower-Memory Care..... 734-213-1708
Evangelical Home (Saline) 734-429-9401
Gilbert Residence 734-482-9498
Glacier Hills 734-769-6410
Sanctuary at St. Joseph's Village 734-712-1600
Silver Maples of Chelsea 734-475-4111
Superior Woods Healthcare Center 734-547-7600
United Methodist Retirement Communities..... 734-433-1000
University Living..... 734-619-0155

Apartments - Subsidized or Affordable

Baker Commons..... 734-994-8249
Carpenter Place 734-973-8377
Chidester Place 734-487-9400
Clark East Tower 734-482-5511
Courthouse Square..... 734-995-5511
Cranbrook Tower..... 734-668-8914
Cross St. Village..... 734-483-8300
Lurie Terrace 734-665-0695
Lynden Parke 844-813-7467
Miller Manor 734-794-6720
Mill Pond Manor 734-429-3838
Parkway Meadows..... 734-662-5055
Sequoia Place 734-669-8840
Towne Centre 734-273-0014
Walls Manor..... 734-484-3820

15. INFORMATION, REFERRAL & RESOURCE ADVOCACY

Area Agency on Aging 1-B 800-852-7795
Center for Independent Living..... 734-971-0277
CSSW Senior Services Resource Advocacy..... 734-971-9781
Eldercare 800-677-1116
Jewish Family Services (JFS) 734-769-0209
U-M Turner Senior Resource Center 734-998-9353
United Way of Washtenaw County 211 (from landline)
alt. number: 734-971-8200 (from cell)

16. LEGAL SERVICES

Dispute Resolution Center 734-794-2125
Legal Resource Center at EMU 734-994-0160
Legal Services of South Central Michigan 734-665-6181
Michigan Advocacy Program Elder Justice Initiative.... 734-665-6181
Washtenaw Bar Association Lawyer Referral 734-996-3229

17. MEALS

Group Meal Sites see "Senior Centers" list
WC Meals on Wheels and Senior Café Program..... 734-544-2977

Home-Delivered Meals

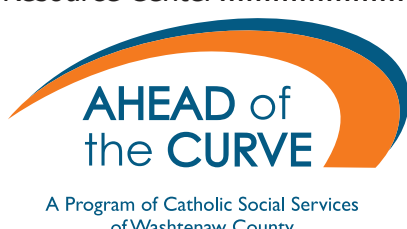
Ann Arbor Meals on Wheels 734-998-6686
Chelsea/Manchester 734-475-9242
Dexter..... 734-426-7737
Milan Seniors for Healthy Living 734-508-6229
Saline..... 734-429-9274
Ypsilanti Meals on Wheels..... 734-487-9669
The Washtenaw County Office of Community
and Economic Development (OCED) 734-544-2977

18. MEDICAL SERVICES

Community Dental Center 734-998-9640
Hope Dental Clinic..... 734-480-9575
University of Michigan School of Dentistry 734-998-9640

Geriatric Health Assessment

IHA & Internal Medicine 734-712-5189
U-M Turner Geriatric Clinic..... 734-764-6831



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18. MEDICAL SERVICES Geriatric Health Assessment (continued)

Washtenaw Medicine (Chelsea) 734-528-5700
 Hope Medical Clinic 734-481-0111

Health Services

Huron Valley PACE 734-572-5777
 IHA Reichert Internal Medicine at Towsley 734-712-1300
 JFS Partners in Care Medical Accompaniment 734-769-0209
 "Lifeline" (Medical Alert System) 855-681-5351
 Medical Loan Closet (Emmanuel Lutheran Church) ... 734-482-7121
 Neighborhood Family Health Center
 (St. Joseph Mercy) 734-547-7977
 Packard Health 734-971-1073
 St. Joseph Mercy Chelsea 734-593-6000
 Saline Community Hospital (St. Joseph Mercy) 734-712-0020
 U-M Turner Geriatric Clinic 734-764-6831
 Veteran Affairs A2 Healthcare System (V.A.) 734-769-7100
 Washtenaw County Health Department 734-544-6700

Prescription Assistance

A2Y RX Card 734-665-4433
 Michigan Prescription Drug Discount Card (MIRx) ... 866-755-6479
 (Press 2, then 1)

19. MEDICARE/MEDICAID HELP & INFORMATION

CSSW MMAP (Medicare/Medicaid Assistance Program) .. 734-971-9781
 Medicare 800-633-4227
 Medicare/Medicaid information 800-803-7174
 Medicaid Beneficiary Helpline 800-642-3195
 Washtenaw County DHHS 734-481-2000

20. NURSING HOMES & INFORMATION

Heartland Health Care Center 734-975-2600
 Housing Bureau for Seniors 734-998-9339
 Michigan Department of Community Health
 Complaint Intake Unit 800-882-6006
 Michigan Long-Term Care Ombudsman 866-485-9393
 Evangelical Homes (Saline) 734-429-9401
 Gilbert Residence 734-482-9498
 Glacier Hills Care & Rehabilitation Center 734-769-6410
 United Methodist Retirement Communities 734-433-1000

21. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA 734-996-9622
 Chelsea Wellness Center 734-214-0220
 Dexter Wellness Center 734-580-2500
 Saline Recreation Center 734-429-3502
 St. Joseph Mercy Health Women's Health Center 734-712-5800
 U-M Turner Senior Resource Center 734-998-9353
 Washtenaw Community College
 Health & Fitness Center 734-975-9950
 Washtenaw County Parks and Recreation 734-971-6337

22. RESPITE CARE

Arbor Care, Inc 734-975-6608
 Area Agency on Aging 1-B (AAA 1-B) 800-852-7795
 Brecon Village 734-429-1155
 Brookdale Ann Arbor 734-219-3021
 CSSW Volunteer Caregiver Program 734-971-9781
 Silver Maples of Chelsea 734-475-4111
 Superior Woods Healthcare Center 734-547-7600

23. SENIOR CENTERS For complete senior center info see website:

getaheadwashtenaw.org/resource-directory/categories/social/
 A2 Community Ctr 734-662-3128
 A2 Sr Center 734-794-6250
 Chelsea 734-475-9242
 Dexter 734-426-7737
 Jewish Community Ctr 734-971-0990
 Lincoln 734-483-8366
 Milan 734-508-6229
 Northfield Twp 734-449-2295
 Pittsfield 734-822-2117
 Saline 734-429-9274
 U-M Turner Sr. Res 734-998-9353
 Well Connected/Senior Center Without Walls 877-797-7299
 Ypsilanti (City) 734-483-5014
 Ypsi. Twp 50 Beyond 734-544-3838

24. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous 734-482-5700
 Chelsea Behavioral Health Services 800-328-6261
 CSSW Behavioral Health Services 734-971-9781
 Dawn Farm (Spera) 734-669-8265
 Home of New Vision 734-975-1602
 Older Adult Recovery Center 734-593-5251

25. SOCIAL SECURITY ADMINISTRATION

Social Security Administration: National Office 800-772-1213

26. SUPPORT GROUPS

Al-Anon 734-995-4949
 Alzheimer's Association 24/7 Helpline 800-272-3900
 Arbor Hospice Grief Recovery 734-662-5999
 Arthritis Foundation (Michigan) 248-649-2891
 CSSW GAP (Grandparents as Parents) 734-971-9781
 Jewish Family Services (JFS) 734-769-0209
 National Parkinson's Foundation 800-473-4636
 St. Joseph Mercy Health System
 Heart and Vascular 734-712-8205
 Hospice Grief Recovery 888-559-7178
 Stroke 734-712-2830
 Turner Geriatric Clinic U of M:
 Caring for Aging Relatives, Caring for Your Mate,
 Diabetes, Low Vision, Staying Smoke Free 734-764-6831

27. TAX ASSISTANCE

American Association of Retired Persons (MI Office) ... 866-227-7448
 Housing Bureau for Seniors 734-998-9339
 St. Francis of Assisi Catholic Church 734-821-2100
 U-M Law School Low Income Tax Clinic 734-936-3535
 United Way Tax Clinic (Multiple locations available) 734-677-7235

28. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line) 734-973-6500
 HVA Mobility Transportation (Wheelchair Vans) 734-477-6404
 Jewish Family Services (JFS) 734-769-0209
 Manchester Senior Citizens 734-385-6308
 Milan Seniors for Healthy Living 734-508-6229
 Night Ride and Holiday Ride 734-528-5432
 People's Express 877-214-6073
 The WAVE (Western Washtenaw Area Value Express) ... 734-475-9494

29. VETERANS

Michigan Ability Partners 734-975-6880
 Michigan Family Assistance Center 517-481-9889
 Michigan Veterans Affairs Agency 1-800-642-4838
 OLHSA Housing 517-546-8500
 Transition Assistance Advisor 517-990-1155
 Veteran Affairs A2 Healthcare System (V.A.) 734-769-7100
 Washtenaw County Veteran Affairs 734-973-4540

30. VISION IMPAIRMENT

Greater Detroit Agency for the Blind
 and Visually Impaired 313-272-3900
 Kellogg Eye Center U-M 734-764-4190
 The Visually Impaired Information Center 734-421-6599
 Washtenaw Library for the Blind and Physically Disabled
 at the Ann Arbor District Library 734-327-4200

31. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program) 734-971-9781
 Hospice of Michigan Volunteer Program 888-247-5701
 Jewish Family Services Older Adult Services 734-769-0209
 OCED Foster Grandparent Program 734-544-3040
 United Way of Washtenaw County 734-971-8200

32. WEBSITES

Remember your librarian can help with websites.

Ahead of the Curve getaheadwashtenaw.org
 Caring Together/Area Agency on Aging 1-B washtenawcaregiver.org
 Catholic Social Services of Washtenaw County csswashtenaw.org
 Click on "Services for" then "Older Adults" ewashtenaw.org
 GetSetUp Virtual Classes for
 Michigan Older Adults getsetup.io/partner/Michigan
 Human Services Resources uwashtenaw.org
 Jewish Family Services (JFS) jfsannarbor.org
 MI Access to Services for Seniors michigan.gov/miseniors
 Non-profit Credit Counseling greenpath.org
 Senior Planet seniorplanet.org
 U-M Geriatrics Center med.umich.edu/geriatrics/index.htm
 United Way of Washtenaw County
 Financial Navigator uwashtenaw.org/financialnavigation
 United Way volunteer opportunities volunteerwashtenaw.org
 WC Aging Collaboration blueprintforaging.org
 Low-Cost Medical Equipment michiganloan closets.us/washtenaw

